

VITAMIN INJECTIONS

B - 1 2

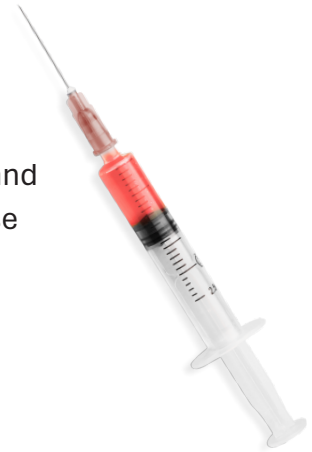


Description:

Vitamin B12 is an essential nutrient that supports energy production, nervous system function, and red blood cell formation. B12 injections deliver this vitamin directly into the bloodstream for faster absorption and more noticeable effects than oral supplements, making it ideal for those with low energy or absorption issues.

Benefit:

Supports energy levels, improves mental clarity and focus, enhances mood, and promotes overall metabolic and nervous system health.



Side Effects:

Vitamin B12 injections are generally well tolerated. Some individuals may experience mild injection site reactions such as redness, swelling, or tenderness. Less common effects can include headache, nausea, or lightheadedness. These symptoms are typically mild and temporary. If you experience persistent or severe symptoms, contact us and notify the medical team.

IMPORTANT



3x / week (Ex: M-W-F)



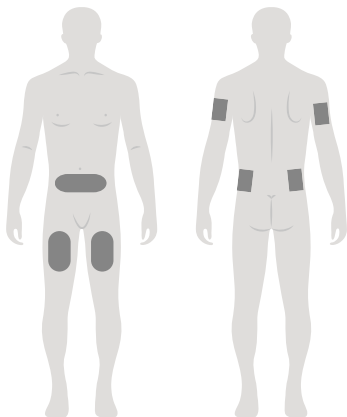
AM



Inject 25 units SQ



Refrigerate



Injection Site:

Use an alcohol swab on the top of the vial and at the injection site before use. Vitamin B12 injections are typically best administered in the glute muscle for comfort and optimal absorption. If using an alternative intramuscular site, rotate injection areas as directed to avoid irritation and allow prior sites to heal.

VITAMIN INJECTIONS GLUTATHIONE



Description:

Glutathione is a powerful antioxidant naturally produced by the body that plays a critical role in cellular detoxification, immune support, and oxidative stress protection. Glutathione injections deliver this antioxidant directly into the bloodstream for improved absorption, helping support the body's natural defense and recovery processes.

Benefit:

Supports detoxification, enhances immune function, promotes cellular health, and helps combat oxidative stress for overall wellness.



Side Effects:

Glutathione injections are generally well tolerated. Some individuals may experience mild injection site reactions such as redness, swelling, or tenderness. Less common effects can include headache, nausea, or lightheadedness. These symptoms are typically mild and temporary. If symptoms persist or become severe, contact us and notify the medical team.

IMPORTANT



3x / week (ex: M-W-F)



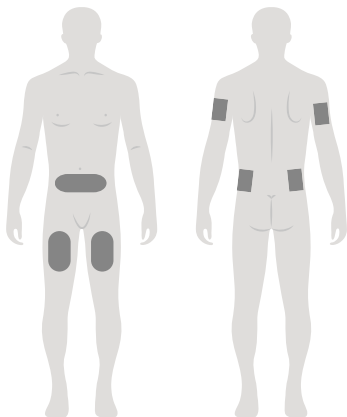
AM or PM



Inject 50 units SQ



Refrigerate



Injection Site:

Use an alcohol swab on the top of the vial and at the injection site before use. Glutathione injections are typically best administered subq in the upper glute for comfort and optimal absorption. If using an alternative site, rotate injection areas as directed to avoid irritation and allow prior sites to heal.